

COVID-19 update

Raynes Park Community Forum

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2nd December 2021



COVID-19 UPDATE

- **7 day case rate** (all ages) 480.5 cases per 100,000 (up from 387), compared to 368.1 (up from 319.8) cases per 100,000 for London (20th November – 27th November)
- **Autumn and Winter Plan** has been published, which aims to avoid rise in hospitalisations which puts unsustainable pressure on the NHS
 - Plan A – Vaccinations, Test Trace & Isolate, clear comms and manage risk at the borders
 - Plan B – Clear comms of change of risk, vaccination only COVID Pass, mandated face coverings in some settings and working at home
- **Vaccination** continues to be our first line of defense; access by calling 119, booking at www.nhs.uk or attending a drop-in clinic
 - COVID-19. Evergreen, booster dose, clinically vulnerable residents and a universal offer to 12 to 17 year olds .
 - Flu. Free for 50+, certain health conditions, are pregnant, carers allowance or main carer and front-line health and social care workers. Others available for c£10 from Pharmacies.
- Coronavirus remains a **serious health risk**. Everybody needs to stay cautious and help protect themselves and others
 - ✓ Any COVID-19 symptoms, stay at home and take a PCR test
 - ✓ Take part in asymptomatic testing, - those who work/visit vulnerable people to test 2 x week, others before periods of higher risk e.g. crowded or enclosed spaces, public transport, spending time with a more vulnerable person; if in doubt – test.
 - ✓ If you are not well, try to stay at home
 - ✓ Meet up outside or if you're indoors open windows or doors
 - ✓ Wear face-coverings in crowded places to help protect others & mandated in shops and on public transport
 - ✓ Check in with the NHS COVID-19 app when you are out
 - ✓ Wash your hands regularly and for a least 20 seconds with soap
 - ✓ Fully vaccinated contacts don't need to isolate (exc omicron contacts), but be cautious and get a PCR test
- Better Health Merton – be a healthy weight, move more, stop smoking, reduce alcohol use, get a flu jab, manage LTCs and look after your mental wellbeing. [Better Health Merton: kick-start your health](#)

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COVID-19 Vaccination Programmes – Updated 30/11/2021

Clinically Vulnerable:

- **Young people 12-15 at high risk:** Eligible for first and second dose. Interval between doses is 8 weeks. Can book on national NHS booking system.
- **People 16+ at high risk:** Eligible for first, second and booster dose. Interval between primary doses is 8 weeks and minimum 3 months interval between second dose and booster. Can book on national NHS booking system.
- **People 12+ who are Immunosuppressed:** Eligible for a third primary dose delivered at 8 weeks from second dose. Then offered a booster dose 3 months from the third dose. Can book into hospital hubs or eligible walk-in centres.
- **People aged over 16 living with someone immunosuppressed:** Eligible for first dose, second dose and booster vaccination.

Healthy children and young people:

- **12-17 year olds:** Eligible for a first dose or second dose. Second dose offered 12 weeks from the first dose or 12 weeks after positive COVID test, whichever is later. Currently not eligible for booster programme.

Adults:

- **People 18-39 year olds:** Eligible for first and second dose. Interval between primary doses is 8 weeks. Eligible for booster dose but will be offered in order of descending age groups.
- **People 40+:** Eligible for first and second dose. Interval between primary doses is 8 weeks. Booster given 3 months after second dose. Priority for care home residents and housebound.

Workforce:

- **Care home staff and front line workers:** Eligible for first and second dose and booster vaccinations. From 11th November 2021, anyone working or volunteering in a care home has to be fully vaccinated, unless they are exempt.
- **Healthcare workers:** Eligible for first and second dose and booster vaccinations. By 1st April 2022 Health and social care workers, including volunteers who have face-to-face contact with service users, will need to be fully vaccinated in order to be deployed, unless they are exempt.

Evergreen offer: continuing to promote vaccination to all eligible cohorts who have not taken up offer – open access. Focus on targeted communications and community engagement to support health & wellbeing and build trust.

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DO THIS**



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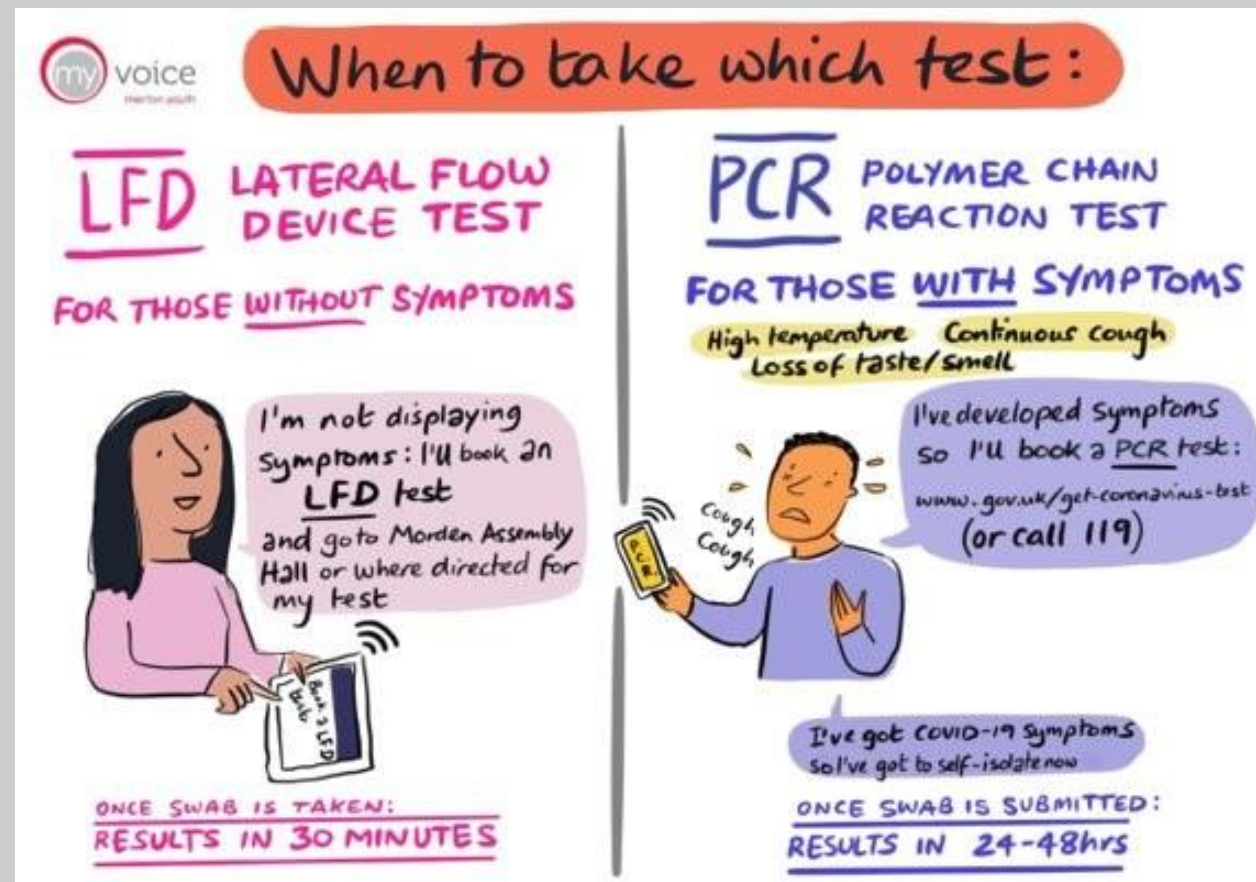
BETTER HEALTH MERTON

merton.gov.uk/publichealth



OPPORTUNITIES FOR ACTION

- Join our network of **170** COVID-19 Community Champions or our YACC; a key part of our approach to preventing and managing outbreaks in Merton.
- Vaccination Q&A for parents/carers of 12 to 15 year olds - <https://www.merton.gov.uk/coronavirus/residents#titleCol20>
- Vaccination & booster webinars (dates – TBC)
- CEV Shielding Forum – 13th December 11.30am or 6pm
- Merton Giving grants, 6th December deadline- [Current Fund - Merton Giving](#)
- Sign up for the Merton COVID-19 newsletter – www.merton.gov.uk/newsletter



For more information contact public.health@merton.gov.uk

ANY QUESTIONS?